



Chiropractic for Kids

It Is About Function

What can Chiropractic do for your child?

Why do millions of parents bring their children to Doctors of Chiropractic? Is it only for highly dramatic health conditions and only when my child is hurting? Not at all!

It is important to understand that chiropractic is not a treatment for disease. Its purpose is to remove spinal nerve stress, a serious and often painful condition

most children and adults have in their bodies. Spinal nerve stress interferes with the proper functioning of the nervous system, can weaken internal organs and organ systems, and lower resistance, reduce healing potential and set the stage for sickness and disorders of all kinds.

When a chiropractor frees the nervous system from spinal stress, the healing power of the body is

unleashed: the immune system functions more efficiently, resistance to disease increases and your child's body functions more efficiently.

Your child can respond to internal and external stresses such as germs, temperature changes, humidity, toxins, pollen and all other stress a child comes in contact with more efficiently.

Continues on page two



- Chiropractic is a safe and effective care for children
- Sources for studies available upon request
- Tonsillitis linked and more



Chiropractic Effective for Treating Infantile Colic!

A recent controlled trial study shows that chiropractic manipulation was more effective than drug therapy for infantile colic...During birth, nerves controlling the digestive system are

twisted, which cause gas, bloating and pain. Chiropractic adjustments restore and aligns these nerves, which relaxes the muscles and alleviates the symptoms. With Chiropractic care,

infants were crying less than in infants treated with the drug dimethicone. The hours crying were reduced by more than double. Infants as young as two weeks can be treated.

Inside this issue:

It Is About Function	1
Infantile Colic	1
Backpacks = Pain	2
Tonsillitis Linked	2
Otitis Media	3
Cause of Spinal Stress	3
ADHA	4



It is wise to see a Chiropractor!

It's All About Function and Nerve Stress

Continued from page 1

So although children with diseases are often brought to the Doctor of Chiropractic, the doctor is not treating their disease but is instead freeing them of spinal stress, thus permitting their body's natural healing potential to function at its best. Spinal nerve stress (also referred to as vertebral subluxations and/or pinched nerves) is a misalignment or distortion of the spinal column, skull, hips, and related tissues (structural system) that irritate, stretch, impinge or otherwise interfere with the proper function of the nervous system (brain, spinal cord, spinal nerves and outlying or peripheral nerves). Since the nervous system controls the function of the body – any interference to it can have wide-ranging effects.

BACKPACKS can equal BACK PAIN

Recent studies revealed that school-aged children who wear backpacks are experiencing back pain as well as mild to serious spinal deformities. Most backpacks are twice as heavy as they should be. Following are some tips from the American Chiropractic Association on how to reduce potential back problems associated with backpacks.

- Weigh no more than 10% of the child's weight.

- Use both straps
- Padded shoulder straps
- Contents evenly distributed
- Speak to teachers, if too heavy and educate your child on the importance of correctly wearing their backpack

Children are experiencing back pain and serious spinal deformities

Tonsillitis Linked to Spinal Misalignments

A Study comprised of 76 children with chronic tonsillitis under care of a specialist found that 70 of the children had spinal dysfunction in the spinal structure at the base of the skull. 37 children were given manipulation and followed up for 5 yrs. Of these 25 were cured on tonsillitis. With 18 no future problems at all, with 7 a relapse of spinal dysfunction that required a short course of manipulation. The researcher concluded "...tonsillitis goes

hand in hand with movement restriction of the spine at the base of the skull..." Experience suggests that blockage at this level increases susceptibility to recurrent tonsillitis.



OTITIS MEDIA WITH CHIROPRACTIC TREATMENT

Although ear infections in children are commonly treated with antibiotics, increasing studies show the relative ineffectiveness of this treatment. An article published by the British Medical Journal found that antibiotics offer only limited benefits and that most children with otitis media can be managed without them.

Another article in JMPT talks about complications arising

from the use of antibiotics “...include cost, allergic reaction and cross-reactions, GI upset, destruction of the gut’s natural flora leading to yeast proliferation...” A study of more 1000 infants with atlas subluxation says: “Blocked nerve impulses..may cause many complications – especially ear, nose and throat infections. Chiropractic can often bring amazingly successful results...”



Chiropractic can create harmony in the nervous system

How is Spinal Stress Caused?

Spinal nerve stress can be caused by physical, chemical and/or emotional stress. Physical stress may start in the womb, with the baby lying in a distorted or twisted manner, and is more common than previously realized. This may be from a traumatic and difficult birth, which can

introduce great stress to the infant’s skull, spinal column and pelvis. Throughout childhood, the normal childhood traumas every child experiences can be a source of spinal and cranial trauma. Most of the time, the pain from the initial injury goes away however the

damage incurred continues to affect the future function of the child’s nerve system.

Physical stress may start in the womb



Chiropractic care is safe, gentle, and effective

How Does the Doctor Correct Spinal Nerve Stress?

This is accomplished first by analyzing the spinal column and related structures for balance and proper function. When the spinal column is found to be functioning improperly. The Doctor performs precise corrective procedures called spinal adjustments. Parents are concerned more than ever

about the adverse effects drugs have on their children, and are asking “Is this really all I can do for my child? Isn’t there a safer alternative? Parents are hesitant to merely mask symptoms with drugs and are worried about side effects. Chiropractic care is one such option. Safe, gentle, and effective.



Busch Chiropractic Center
5005 Riviera Ct. Fort Wayne IN
260-471-4090 * 888-DRS BACK

We Make Pain Go Away!



ADHA , a behavioral disorder originally named by the American Psychiatric Association (APA) is characterized by inattention, hyperactivity and impulsivity. Recent research has linked the onset of ADHA symptoms to trauma to the head and neck.

Researchers believe through correcting these injuries the symptoms may be alleviated. When the upper neck is injured, localized nerves may be injured. These nerves are responsible for blood flow to the brain. If irritated, the blood flow is disrupted and could affect behavior.

Natural approaches to treating ADHD have been found, such as Chiropractic. Chiropractic corrects the irritation to the Central Nervous System, the original source of the symptoms. Misalignments to the neck can also cause irritation to the nerves from the brain to the spinal cord and the vessels that go to the brain. Correcting these misalignments have improved and eliminated symptoms.

Source: Women's Magazine, June 2000

KIDS NEED CHIROPRACTIC, TOO...

Spinal misalignments occur during a variety of activities: traumatic birth, ... throwing a child in the air, pulling a child by one arm, fall off bikes, etc. Despite the problems that may exist, children continue on with daily activities.



Don't disregard the signs!

Parents can look for the following signs that may signal...a spinal misalignment.

- Frequent colds, ear aches, or sore throats?
- Are they hyperactive?
- Did they have colic or cry a lot for no reason?
- Does the child wet the bed?

Look at the child's posture:

- Are the shoulders and hips uneven?
- Do their clothes fit unevenly?
- Does on foot point in or out?

Chiropractors are trained to detect and treat early stages of spinal degeneration. According to a 1989 study published in the Chiropractic Research Journal which compared the overall health of 200 children treated with Chiropractic and 200 children treated with medical care. The health of the children under Chiropractic care was superior to the children under medical care. The Chiropractic children had fewer ear infections, fewer allergies, fewer cases of tonsillitis and needed less medical treatments.